

# Camping Checklist

The following is a list of recommended items when camping. When packing, please keep the following principles in mind:

- *There's no such thing as bad weather, only bad clothing.* It may be hot, it may be cold. Nights will be chilly. Be practical, not fashionable.
- *Leave no trace.* This is our mantra when we camp. What you bring with you, you have to take back!

## Personal Items

- Sleeping Bag
- Mattress / Sleeping Pad
- Pillow
- Comfortable Sneakers
- Thongs / Sandals
- Warm Weather Pants
- Cold Weather Pants
- T-Shirts
- Long Sleeve Shirt
- Sun Hat & Beanie

- Socks
- Pyjamas
- Bathers
- Toiletries
- Dry Clothes Bag
- Water Bottle
- Torch / Head Lamp
- Personal First Aid Kit
- Tool Kit / Toothbrush
- Insect Repellent
- Personal Medicine
- Sunglasses
- Sunscreen
- Rainwear
- Reading Material
- Duffle Bag or Pack
- Day Pack

## Camp Gear (per Family)

- Tent(s) (including poles, rain fly and ground cover)
- Hammer / Mallet

- Chair / Camp Stools
- Picnic Rug
- Lantern
- Water Canister (filled)
- First Aid Kit (family)
- Toilet Paper
- Toilet Bottle

## Eating Gear

- Plates
- Bowls
- Cups
- Silverware / Cutlery
- Dish Towel
- Paper Towel
- Esky

## Communal Use Items

(Discuss Specific Requirements with Your Camp Organiser)

- Food
- Cooking Pots
- Cooking Utensils
- Camp Stove

- Gas Cannisters
- Matches
- Coal BBQ + Equipment
- Picnic Mats
- Cleaning Supplies
- Dishwashing Equipment
- Canopy / Gazebo
- Folding Tables
- Group First Aid Kit
- Lighting
- Firewood
- Sporting Equipment
- Games
- Garbage Bags / Bins
- Toolkit

## Tell someone of your plans

Give details of where you are going and when you expect to return, give directions and possible alternative roads that you may take, provide cell phone numbers, vehicle description and license plate numbers and provide local authority phone numbers for the county or area that you will be in.

## Why Fitra Camps?

At Fitra we believe that camping is a great teacher. Camps are about instilling viability in our students. Viability is the student's emotional strength and flexibility to adjust to and deal with new experiences. It is a positive attitude that entails a belief in oneself and belief in the value of working the best way forward. It is the capacity to positively engage with challenging situations, making whatever adjustments may be required for the best possible outcome, psychologically and practically. City living with its super-organised lifestyle often deprives children of the opportunity to become self-managing, confident, responsible and adaptable. Camps help students to become generous, aware of others, self-sufficient, responsible, reliable, problem-solvers and brave.